

R.E.A.C.T.

Re-igniting, Empowering, Aligning through Counseling Techniques

Gain practical tools and a solid understanding of both foundational and modern counseling theories. Explore real-world case studies, collaborate with peers, and apply key approaches to today's school settings through hands-on activities. Led by School Psychologist, Dr. Michael Cantu.



\$600

**FALL
SERIES**



Dates:

September 8, 2025 (Virtual)
October 13, 2025 (Virtual)
November 10, 2025 (Virtual)
December 8, 2025 (In-Person)

Virtual Sessions will be recorded.

WORKSHOP
#376317

Details:

Time: 9:00 am - 11:00 am (2-hours)
Format: Virtual with final session in person (La Lomita Room ESC)
Participants: Up to 40
Homework, Breakout Sessions, and Interaction

Theories

- ✓ Person-Centered Approaches
- ✓ Solution-Focused Therapy
- ✓ Cognitive-Behavioral Therapy
- ✓ Integrative Approach

Audience

School-Based Counselors,
LPCs, LSSPs, Social Workers

For More Information Contact:

Monica Trevino
montrevino@esc1.net/956-984-6201
Wanda Perez
wperez@esc1.net/956-213-6805

R.E.A.C.T.

Re-Igniting, Empowering, Aligning through Counseling Techniques

Gain practical tools and a solid understanding of both foundational and modern counseling theories. Explore real-world case studies, collaborate with peers, and apply key approaches to today's school settings through hands-on activities. Led by School Psychologist, Dr. Michael Cantu.



\$600
**SPRING
SERIES**



Dates:

February 12, 2026 (Virtual)

March 12, 2026 (Virtual)

April 9, 2026 (Virtual)

May 14, 2026 (In-Person)

Virtual Sessions will be recorded.

WORKSHOP
#376351

Details:

Time: 9:00 am - 11:00 am (2-hours)

Format: Virtual with final session in person (Rio Grande Room ESC)

Participants: Up to 40

*Homework, Breakout Sessions,
and Interaction*

Theories

- ✓ Existential Theory
- ✓ Adlerian Therapy
- ✓ Gestalt Therapy
- ✓ Integrative Approach

Audience

School-Based Counselors,
LPCs, LSSPs, Social Workers

For More Information Contact:

Monica Trevino
montrevino@esc1.net/956-984-6201
Wanda Perez
wperez@esc1.net/956-213-6805